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**STOP BANG Questionnaire**

**Screening for Obstructive Sleep Apnea**

**Answer only the STOP portion of this questionnaire.**

<b>STOP</b>		
<b>Do you Snore loudly? (Louder than talking or loud enough to be heard through closed doors?)</b>	<b>YES</b>	<b>NO</b>
<b>Do you often feel Tired, fatigued, or sleepy during the daytime?</b>	<b>YES</b>	<b>NO</b>
<b>Has anyone Observed you stop breathing during your sleep?</b>	<b>YES</b>	<b>NO</b>
<b>Do you have or are you being treated for high blood Pressure?</b>	<b>YES</b>	<b>NO</b>

<b>BANG</b>		
<b>BMI more than 35kg/m<sup>2</sup></b>	<b>YES</b>	<b>NO</b>
<b>Age over 50 years old?</b>	<b>YES</b>	<b>NO</b>
<b>Neck Circumference &gt; 15.75in. (40cm)?</b>	<b>YES</b>	<b>NO</b>
<b>Male Gender</b>	<b>YES</b>	<b>NO</b>

<b>TOTAL SCORE</b>	
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**OSA RISK**

**≥ 3 yes answers: high-risk for OSA**

**< 3 yes answers: low risk for OSA**

**Office Use Only:**

**BMI: \_\_\_\_\_ Neck Circumference: \_\_\_\_\_ cm**

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Patient Signature

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Date